

August 12, 2016

Re: Maintenance PT for Ms.

To Whom It May Concern:

Ms. [redacted] has been a patient under my care since 2012 with primary chronic progressive multiple sclerosis. As a specialist in rehabilitation medicine, it is my opinion that Ms. [redacted] requires weekly maintenance Physical Therapy services for skilled gait training to prevent regression in her functional mobility.

As background, Ms. [redacted] lives alone in a wheelchair accessible home. Though she uses a power wheelchair for her primary mobility and Mobility Related ADL's in the home, she relies on her ability to stand to transfer and to ambulate short distances for toileting, dressing, bathing, and cooking. In the past two years she has required four courses of PT due to deterioration in her gait with accompanying falls or near falls. She has made modest but significant improvements with PT but when therapy has been discontinued due to lack of further progress the quality of her gait has deteriorated, resulting in increased risks of falls and injury.

In my opinion, Mrs. [redacted] has made all reasonable efforts to continue a maintenance program on her own using community resources, but is unable to do the skilled gait therapy on her own which requires the supervision of a physical therapist for use of gait training equipment with a Harness and/ or Alter G (equipment that is not available in the home or in community facilities but under the supervision of a Physical Therapist).

In closing, it is my recommendation that Ms. [redacted] continue with maintenance physical therapy services once a week for skilled gait training to prevent deterioration in her function.

If any question, do not hesitate to contact my office.

Sincerely,

[redacted]  
MD  
Attending Physician

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